



# FEMA

# PrepareAthon

April 30, 2016

## Region II Individual Preparedness Activities

### Scenario One: Active Shooter Scenario

Welcome to PrepareAthon! A key element to successfully responding to and recovering from a major disaster is the overall preparedness of individual citizens and their families. With that in mind, we invite you to participate in a series of ‘What would you do?’ scenarios with your loved ones in order to assess your level of preparedness. These tabletop activities are intended to be low-stress conversation starters to be discussed, as the name implies, around your dinner table. We do not want to know your results; only that you participated. Following the situation we have included some discussion questions for your tabletop activity, as well as some helpful links to enhance your individual preparedness. Good luck and thank you for participating in America’s PrepareAthon!

**Scenario:** Disasters can also be caused by one or more persons trying to hurt or kill innocent people. Do you and your family know what to do if this scenario unfolds around you? Imagine yourself at the local shopping center with your family picking up a few last-minute items for an upcoming party you are hosting. A sudden, loud sound draws your attention to the main entrance. At first you think it’s only fireworks, but then you realize that can’t be true – who would set off fireworks inside a store? Panic sets in when you see that someone with a handgun is randomly shooting at customers. What should you do?

#### Discussion Questions:

1. Do your loved ones know the phrase “Active Shooter”? Have they learned at school or work, or from TV or the Internet, what to do in this situation?
2. What do you think your first actions should be? Talk about when to run, when to hide, and as the last resort, when to fight.
3. If you have to hide from an active shooter, do you know to shut off or mute your cell phone?
4. If you should become separated from your loved ones, do you have their phone numbers memorized in case your cell is lost? Do you have a family emergency communications plan?
5. You always hear the phrase, “If you see something, say something.” What do you consider to be suspicious behavior that you should report to local security or law enforcement?

#### Time to see how you did!

Please watch this video to learn more about Active Shooter preparedness and then discuss with your loved ones what they learned to improve their safety in the event such a tragedy occurs.

<https://www.dhs.gov/video/options-consideration-active-shooter-preparedness-video>  
or <https://www.youtube.com/watch?v=p4IJA5Zpzz4>

#### Helpful Links

To learn more about Active Shooter safety, please visit the following pages:



<http://www.training.fema.gov/is/courseoverview.aspx?code=IS-907>

[https://www.fema.gov/media-library-data/14404493461501ff18127345615d8b7e1effb4752b668/Family\\_Comm\\_Plan\\_508\\_20150820.pdf](https://www.fema.gov/media-library-data/14404493461501ff18127345615d8b7e1effb4752b668/Family_Comm_Plan_508_20150820.pdf)

[https://www.ready.gov/sites/default/files/documents/files/Family\\_Emergency\\_Plan.pdf](https://www.ready.gov/sites/default/files/documents/files/Family_Emergency_Plan.pdf)

But first, please don't forget to register that you participated in the activity on America's PrepareAthon website:  
[http://www.community.fema.gov/AP\\_Register](http://www.community.fema.gov/AP_Register)